Join the Movement \rightarrow



To our friends and community,

With love and humbleness we share with you this newsletter that has been co-created by our members.

Connect, collaborate and grow for a better future.



Breathe into Being is a breathing co-creative experience that Claudia Marras has designed for us combining rhythmic breathing, meditation and visualisation.

Meditations are guided by Patricia Jean Fleming and breathing is guided by Claudia, both members of this community. A beautiful example of co-creation, experience and practice!

Society needs more people like you!



We happily share here with you the PiMOV Pill in which Jeannette Meier explains about Socially-Conscious Leadership and its relationship to what PiMOV is: Evolution, Community and iMPACT.

Dare to dream as big as Mandela!

Join our conversations around being who you are, competition, comparison and co-creation!



This is a first conversation between Francesco Carvelli, Anna Amado and Jeannette Meier regarding the showing of ourselves as who we are, flowing in togetherness, understanding that nothing is wrong and nothing is right, everything is perfectly alright.



What is competition? How does it relate to comparison? We discussed some of the concepts that relate to co-creation, inspired and empowered to strengthen our uniqueness in integrity for who we are and for what we create.

What about you? How do you co-create?

From our Inspirational Blog...



"The power of collective" by Maarja Jõemägi

Read More



Are you ready to Discover your Power of Being ?

Read More

Did you like what you read?

Join us today for as little as a cappuccino a month!

JOIN THE MOVEMENT \rightarrow

If you think someone can benefit from this newsletter, please share this link. A small act of kindness today can bring a big amount of kindness tomorrow. Consider making a donation. We are building a fund for people who cannot afford a membership.

Thanks to @unsplash for the beautiful pics



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